



Heaton Park
HEBREW CONGREGATION



**Welcome to
Heaton Park
Hebrew Congregation's**

VIRTUAL SHABBOS PARTY BOOKLET!

This week's Parsha is

Yom Kippur



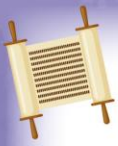
**Please enjoy this booklet and
stay calm, happy and healthy.**

Have a lovely Shabbos

Sara and Ellie

Club Leaders





Parsha Zone

Yom Kippur

Yom Kippur is the holiest day of the year—the day on which we are closest to Hashem and to the deepest part of our own souls. It is the Day of Atonement. On Rosh Hashana, Hashem sees how much good and bad we did throughout the last year. He then writes it all in his BIG BOOK. This book says what will happen to all of us in the coming year. There are ten days between Rosh Hashana and Yom Kippur, this when everyone can work super, duper hard to make sure everything written in the BIG BOOK is all good things for the new year.

Yom Kippur is when He seals the BIG BOOK with a BIG stamp and it can't really be changed for the whole year. Unless you do really really good things.

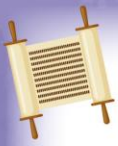
Here are a list of the things we are not allowed to do on Yom Kippur:

- ⊘ No eating.
- ⊘ No drinking.
- ⊘ No leather shoes.
- ⊘ No Washing or bathing.
- ⊘ No putting lotions or make up on.



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Yonah and the Whale

Yonah, a Jewish prophet, was instructed by Hashem to travel to the non-Jewish city of Nineveh. There he was to warn them that if they did not return from their sinful ways, the city would be destroyed.

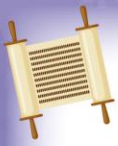
Yonah first said no because he thought that the people were too wicked and bad and couldn't be saved. He then went on a ship that was going to a different city. A raging storm engulfed the ship, threatening to sink it. In the end, Yonah has himself thrown overboard by the sailors, as they together determine that he, and no other, is the cause of the storm.

A whale is prepared by Hashem, and it swallows the drowning prophet. Yonah spends three days in the belly of the fish, and prays to Hashem from inside it. In the end, the fish spits him out alive on dry land because Hashem forgave him.

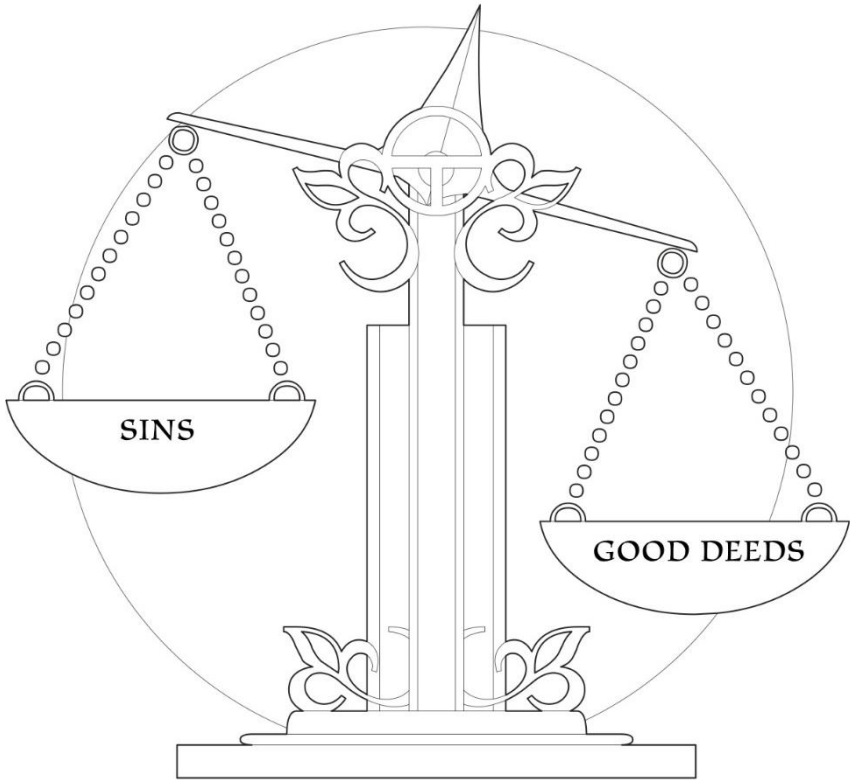
Upon Yonah's eventual arrival, the king of the city instructed a national repentance on a massive scale. Men, women, children, and even animals fasted. They mended their wicked ways and returned all stolen objects to each other. As a result, the city was spared.

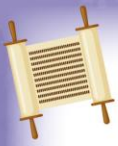
As sinful as they were, the city and its inhabitants were Hashem's creations. If there was an opportunity for them to repent and do better, it had to be utilized at all cost.





The Scale





יום הכיפורים

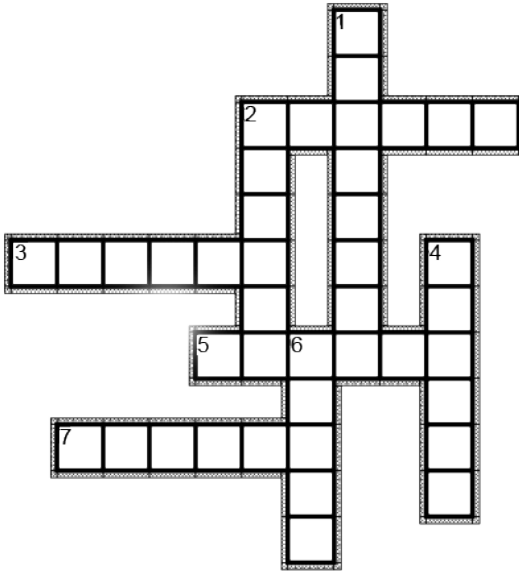


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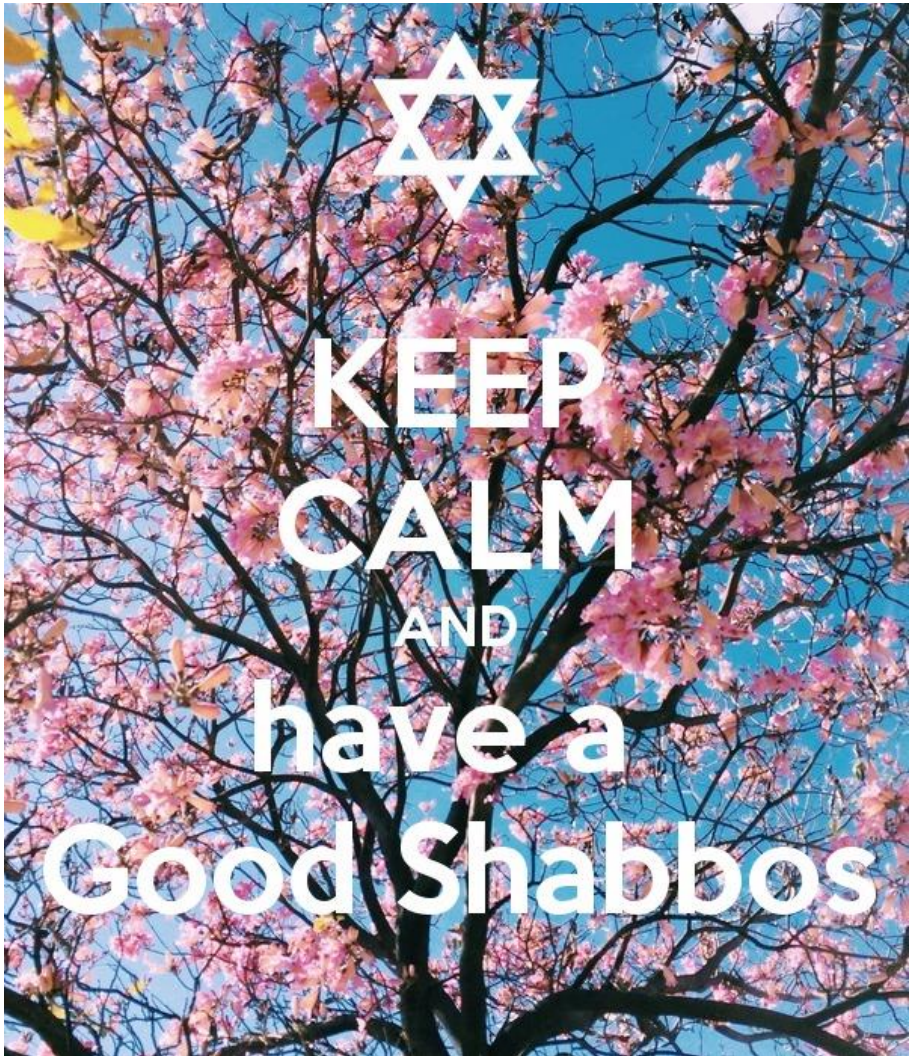
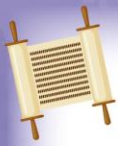
Yom Kippur Crossword



Across	Down
2. The collection of ancient religious writings on Jewish law and tradition.	1. Prayers of forgiveness during Yom Kippur.
3. A ritual purification bath that Orthodox Jews take on certain occasions.	2. Yom kippur is observed in this Jewish month.
5. Long white Jewish robes.	4. A Jewish prayer shawl worn in the synagogue on Shabbat and holidays.
7. A Jewish musical horn.	6. A scroll of parchment containing the first five books of the Hebrew Scriptures.

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KEEP
CALM
AND
have a
Good Shabbos

